Public Health in Developed Countries

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“...public health promotes and protects the health of people and the communities where they live, learn, work, and play.”
Public health in *developing countries*-1

- **Poverty** not only excludes people from the benefits of health-care systems but also restricts them from participating in decisions that affect their health.
- The resulting health inequalities are well documented, and the search for **greater equity** attracts many concerned players and initiatives.
- Fundamental to the success of these efforts, however, is the need for people to be able to negotiate their own inclusion into health systems and demand adequate health care.

https://www.sciencedirect.com/science/article/pii/S0140673600026647 6.5.20
This calls for a restatement of the centrality of people in public health and its practice.

New forms of communication and cooperation are required at all levels of society, nationally, and internationally, to ensure equitable exchange of views and knowledge to formulate appropriate action to redress inequalities and improve people's health and wellbeing.

https://www.sciencedirect.com/science/article/pii/S0140673600026647 6.5.20
The diversity of health experience in developed countries over recent decades provides extremely rich raw material for exploring connections between political and economic institutions and policies on the one hand and health trends on the other.

The experience of individual countries is noted in this chapter according to what it might be telling us about the variety of experience among developed countries. This chapter focuses on the relationship of policy to average levels of population health, not on relationships with inequalities in health levels within countries.

The 2nd section of the chapter surveys trends in survival over the last 4 decades. The 3rd section explores, through case studies of road traffic injuries, tobacco and circulatory diseases, the apparent sources of success in reducing non-communicable diseases and injuries in adults. The 4th section notes two public health failures—obesity and habitat degradation—and the 5th considers wider determinants of average levels of population health. The 6th concludes with a tentative vindication of pluralism-ideological, methodological, and institutional.

Public health challenges are no longer just local, national or regional.

**They are global.**

They are no longer just within the domain of public health specialists.

**They are among the key challenges to our societies.**

They are political and cross-sectoral.

**They are intimately linked to environment and development.**

They are key to national, regional and global security.

https://academic.oup.com/eurpub/article/15/1/3/506692 6.5.20
Integration of *preventive* and *medical* care services

- Medical care had its origin in the humanitarian motive of caring for the sick, while preventive health services sprang from the need to protect a healthy *environment* from *epidemic* diseases.
- They grew apart, but the trend became to *integrate* them within a comprehensive health service. Such an *integration* was the fundamental principle of public health in the *Soviet Union*, in which all local health services were centred in the district hospital under one administration.
- *Today, in European countries and elsewhere, especially in rural areas, the two branches are brought together by the local medical practitioner.*
Many countries have expanded their commitment to Health Education, usually in cooperation with voluntary agencies.

The most effective work is carried out at the local level, especially in schools.

The trend has been toward an expansion of health education as an essential preventive health service.

A statistical service is essential in planning, administering, and evaluating health services.

The interest of public authorities in medical care schemes has increased the importance of statistics on the incidence of diseases and other problems, as well as the epidemiology necessary to combat them.

Both are vital in the planning, organization, and evaluation of medical care schemes.

Traditionally, the epidemiological method was used for infectious diseases, but it has been used increasingly for noninfectious diseases and the problems of medical care.

In more-affluent countries, an increase in older age groups brings about the need for public health facilities to provide special services for them. Health care of the elderly includes measures to prevent premature aging and chronic and degenerative diseases and to confront the psychological problems resulting from loneliness and inactivity.

In the 21st century the increasing prevalence of dementia in elderly populations posed significant challenges for public health.

Geriatric clinics and assisted living facilities have been set up to meet these needs and to conduct research into the process of senescence.

A growing population requires an increase in industrial and commercial activities, which add to the volume of pollutants that threaten the atmosphere, rivers, lakes, and oceans and have destructive effects on natural ecology.

These effects can cause declines in air and water quality and in species that are sources of foods and medicines, all of which can have consequences for human health.

Any countries have taken steps toward the control of environmental deterioration, and means of international regulation have also been proposed and, in some instances, implemented.

Harvard School of Public Health

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*Environmental Health*
*Epidemiology*
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*Health Policy and Management*
*Immunology and Infectious Diseases*
*Molecular Metabolism*
*Nutrition*
*Social and Behavioral Sciences*

**Multidisciplinary Initiatives**

These initiatives link centers, programs, departments and researchers to foster collaboration and coordination of research, education, and community engagement activities:

- Defeating Malaria: From the Genes to the Globe
- Comparative Effectiveness
- Genes and the Environment
- Women and Health

[https://www.hsph.harvard.edu/departments/](https://www.hsph.harvard.edu/departments/) 6th May 2020
Why choose the Johns Hopkins Bloomberg School of Public Health?

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- Master of Public Health and Master of Science in Nursing (MSN/MPH)
- Master of Public Health and Juris Doctor (MPH/JD)
- Master of Arts and Master of Science in Public Health (MA/MSPH)
- Bachelor of Arts and Master of Health Science or Bachelor of Arts and Master of Science in Public Health (BA/MHS, BA/MSPH)
- Master of Science in Public Health and Registered Dietitian (MSPH/RD)
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Concurrent Master's Programs for Doctoral Students

https://www.jhsphs.edu/academics/degree-programs/, 6.5.20
The School of Public Health aims to achieve better health in the population through strengthening the public health science base, training the next generation of public health leaders and influencing health policies and programmes around the world. Obesity, cancer, heart disease, dementia and infectious and parasitic diseases are among today's major global public health challenges. Imperial’s School of Public Health, under the Directorship of Professor Deborah Ashby, is committed to improving health in populations throughout the world.

The School of Public Health is unique in combining world-class research at local, national and international level with translational work within the Academic Health Science Centre in the Imperial College Healthcare Trust and translates science and epidemiology into policy, health education and primary care. Together with its research, teaching and evidence-led policy work, the School of Public Health aims to address the major public health challenges of the 21st century.

https://www.imperial.ac.uk/school-public-health/about-us/ 6th May 2020
Health centres and their activities are the foundation of the system. Health centres are usually staffed by auxiliaries who have four to 10 years of basic education plus one to four years of technical training. The staff may include a midwife, an auxiliary nurse, a sanitarian, and a medical assistant. The assistants, trained in the diagnosis and treatment of sickness, refer to a physician the problems that are beyond their own competence. Together, these auxiliaries provide comprehensive care for a population of 10,000 to 25,000. Several health centres together with a district hospital serve a district of about 100,000 to 200,000 people. All health services are under the responsibility of the district medical officer, who, assisted by other professional and auxiliary personnel, integrates the health efforts into a comprehensive program.
Patterns shared among less-developed countries

- Despite variations from country to country, a common, if somewhat idealized, administrative pattern may be drawn for less-developed countries.

- All health services, except for a small amount of private practice, are under a ministry of health, in which there are about five bureaus, or departments—hospital services, health services, education and training, personnel, and research and planning. Hospital and health services are distributed throughout the country.

- At the periphery of the system are dispensaries, or health outposts, often staffed by one or two persons with limited training.

- The dispensaries are often of limited effectiveness and are upgraded to full health centres when possible.
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https://www.imperial.ac.uk/school-public-health/about-us/ 6th May 2020
The CDC

https://www.cdc.gov/
The E-CDC

https://www.ecdc.europa.eu/en
The EMA

The Edward Jenner Institute

THE JENNER INSTITUTE

a partnership between Oxford University and the Pirbright Institute

- Developing innovative vaccines
- Partnering with industry
- Driving the One Health agenda

https://www.jenner.ac.uk/
Dr. Refik Saydam Public Health Center was closed down in 2011 by a Decree #663 (art. No. 58/3). Turkey is completely dependent on vaccines and some crucial biological products to be imported. e.g. Covid-19 vaccines..